

**LENNOX HEAD
ALSTONVILLE**
SURF LIFE SAVING CLUB
ANNUAL REPORT

2022 / 2023

Office Bearers

President	Tim Breen
Vice President	Geoff Harris
Secretary	John Beasley OAM
Treasurer	Brett van Zuylen
Club Captain	Justin Ingram
Chief Training Officer	Brian Farrell
Surf Sports Coordinator	Samantha Miller
Registrar	Phoebe Humphreys
Youth Activities Coordinator	Brendon Matthews
Public Officer	Scott Roberts

Life Members	Tony Cole *
	William Onslow
	Don McAteer
	Larry Platt *
	Bryan Lyndon
	Lou Wilson
	Geoff Harris
	Mark Laverty

Patrons	Honourable Justine Elliot MHR	The Federal Member for Richmond
	Tamara Smith MLA	The State Member for Ballina
	Sharon Cadwallader	The Mayor - Ballina Shire Council

President's Report

This year has brought with it some difficult times which made patrols challenging at times and I thank all our patrolling members for their time and commitment in making sure we carried out our responsibilities maintaining our patrols on the beach.

Junior Activities at club remain strong with 282 eager Junior and Cadet members filling the beach every Sunday morning for Nippers and a strong competitive culture fostered by Brendon and Ali Matthews as JAC's who took a team of competitors to both the Country and State Titles. We were very successful at the Junior State Titles with our 11 competitors bringing home 3 gold medals and 3 bronze medals to finish in 21st place. Congratulations also to Marli Francis and Finley Wallace for being selected to represent the Branch as Junior Life Savers of the year.



LHASLSC Junior State Titles Competitors

Club membership was down slightly from last year's record highs with 629 total members and 120 patrolling members and we would like to acknowledge and thank our Club Registrar, Phoebe Humphreys for her tireless work this season culminating in 100% of memberships being submitted and paid online.

Our club responded to a number emergencies this year and we tragically lost the parent of a local family whose children are junior members. Club members were the first responders to this emergency and I would like to thank them for their response and service.

The visitor numbers to Lennox Head this season increased with the removal of travel restrictions post the COVID-19 lockdowns, which made it a busy season for Patrols. Thank you to all our patrolling members for their time and contributions this season.

Thank you also to the LHASLSC Management Committee for the time that they contribute to the Club above and beyond, Patrols, Nippers, Training, Officiating and Water Safety. We farewell a number of members of the Management Committee at the end of the season and I look forward to working with the new Committee members for the upcoming year.

Tim Breen
President

Secretary's Report

Well, the season 2022-2023 has been completed with no lives lost on our patrolled beach. Many thanks to the Club's patrolling members.

Also, congratulations to the Club's competitors who performed well at the Branch, Country, State, Australian Titles.

Regarding the Management Committee, all portfolios were selected at the last Annual General meeting. While attendance at these meetings was satisfactory, no meeting were postponed due to a lack of a quorum.

It is hoped that at the Annual General meeting on 25th June 2023 we again fill the ten (10) positions. A General meeting has been convened following the Annual General meeting to consider an alteration to the Club's Constitution to reduce the time period to qualify for Life Member from twenty (20) years to fifteen (15).

At both meetings a quorum of fifteen (15) voting members is required. My many thanks to the President, Tim Breen, and the members of the Management Committee, for the assistance you gave during the season, which made my job a lot easier. To Phoebe Humphreys, the retiring Club's Registrar congratulations on a great job.

Finally, I would encourage members to consider nominating for a position in the Club's structure as a Member of the Management Committee, Officer, Adviser, coordinator.

Management Committee Meetings Attendance

POSITION	NAME	ATTENDANCE	APOLOGIES
President	Tim Breen	10	
Vice President	Geoff Harris	9	1
Secretary	John Beasley OAM	10	
Treasurer	Brett van Zuylen	9	1
Club Captain	Justin Ingram	5	2
Chief Training Officer	Brian Farrell	10	
Surf Sports Co-ordinator	Samantha Miller	8	2
Registrar	Phoebe Humphreys	5	3
Youth Activities Co-ordinator	Brendan Matthews	3	4
Public Officer	Scott Roberts	9	1

John Beasley

Secretary

Treasurer's Report

Prior to depreciation and any audit adjustments to our accounts, the club made a cash loss for the year of \$19,720. This is a larger loss compared to last year. This was due mainly to a significant increase in club clothing stock. We also invested in a number of new competition boards for our older competitors.

Notable improvements were as follows:

- A \$10,423 increase in donations, to \$14,543
- BBQ sales of \$14,798. This is a small increase from last year and generated a profit of \$6,085.
- An increase in the fee received from the Australian Lifeguard Service for use of club facilities from \$3,225 to \$4,750.
- A significant decrease in net electricity costs to \$6,914 due to recovery of electricity costs from the kiosk.
- An increase in bar revenue of \$6,600 to \$8,577, returning a profit of \$6,261

These improvements were offset by the following factors:

- A significant increase in branch and capitation costs of \$7,800. Most of this was due to a delay in paying the previous year's fees, landing some of the cost in this financial year.
- Cleaning costs were up by 50% due to an increase in the amount of cleaning.
- Building repair costs were up 52% to \$10,713.
- Sponsorships were down by \$2000 for the year.

Lois Bucket Real Estate has continued her Gold sponsorship of the club and this provided 2 new shade tents for use at JAC carnivals. Shell Lennox Head has continued to provide all of our fuel needs.

Lennox Head Golden Oldies (\$5,500), Byron Bay Building Materials (\$2,500), the Mullumbimby Courthouse Hotel (\$1000), Hoolihan Property & Advisory (\$1000) and Westtower Ballina Social Golf Club (\$1000) provided donations for new nipper boards and equipment. Telstra provided 2 flood grants of \$1000 each in recognition of our contribution to the flood emergency.

We continued to invest in our JAC members, with capitation, training camps, team uniforms and carnival entry fee costs of well over \$14,000.

On the income side, membership fees of \$45,141 were down slightly and there were no building grants for the year. Overall, total income for the year was \$169,352.

Brett van Zuylen

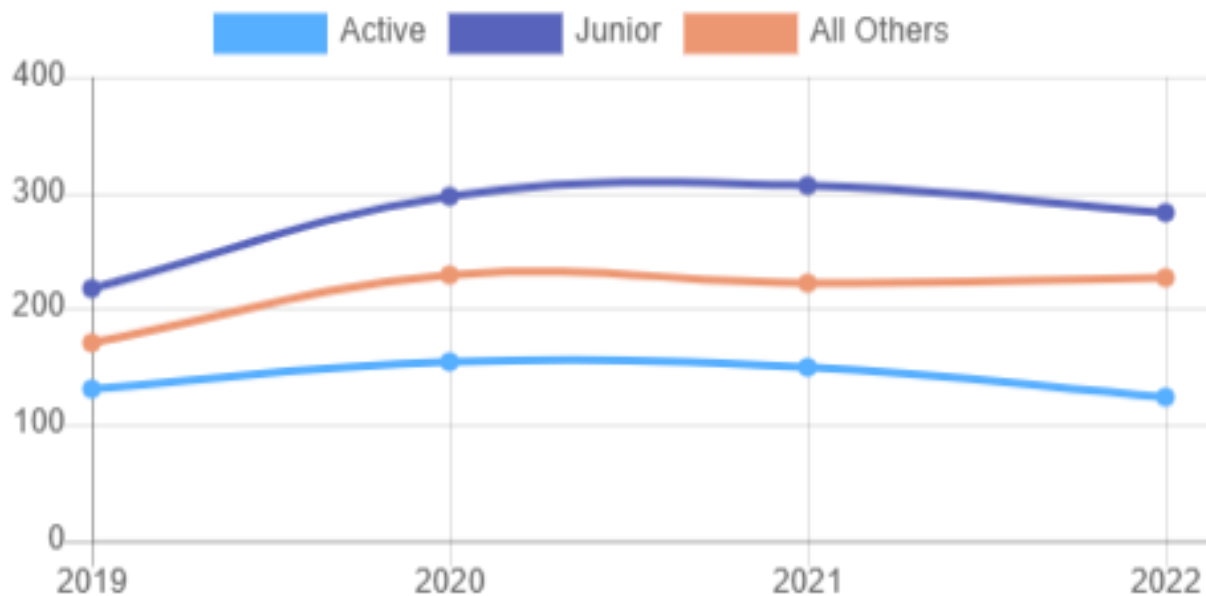
Treasurer

Club Captain's Report

A year of commitment to keeping our beachers safe, has resulted in some fantastic outcomes. The Lennox Head community has bounded together again to maintain 100 percent patrol coverage throughout the season. With reduced patrolling members this season, additional

pressure and commitment was placed on our current group of volunteers. As per the below graph active members have dropped away.

Historical Membership Trend By Season



This is something we would be looking to improve next season, spreading the word on how amazing our club is and how fun and rewarding patrol can be.

Recognizing the big efforts from the 9 members completing over 50 patrol hours this season

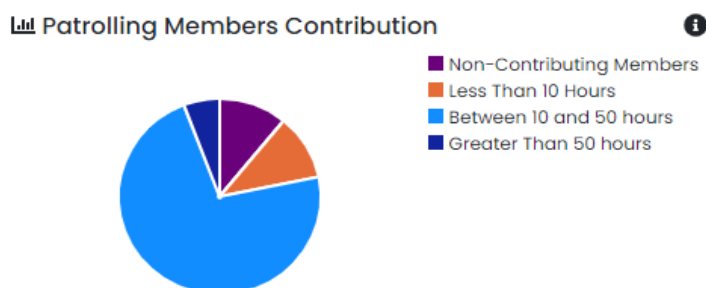
1. Tim Breen
2. Justin Ingram
3. Mark Crawford
4. Lukas Van Zwieten
5. Robert Harper
6. Ross Wilson
7. Darren Oke
8. Brett Zuylen
9. Andrew Kneipp

Noting most of the above name are patrol captains, highlighting the time and dedication by these guys and how important they are to the club. Also worth noting over the 3 years I have been club captain 90 percent of these guys have consistently achieved over 50 patrol hours each year.

Closely followed behind them are the top ten performers for both male and female members, whom we would also like thank for their time and dedication.

Leading Female Patrol Members		Leading Male Patrol Members	
Name	Hours	Name	Hours
1. Gai COLEMAN (ID: 3604735)	48.0	1. Timothy Breen (ID: 3539675)	60.0
2. Kristy Stewart (ID: 5775192)	46.0	2. Justin Ingram (ID: 4318375)	57.0
3. Niamh Thompson (ID: 5412405)	38.5	3. Mark Crawford (ID: 4693765)	55.5
4. Olivia Van Zwieten (ID: 5573021)	35.5	4. Lukas Van Zwieten (ID: 3603850)	54.8
5. Melinda Ingram (ID: 5883493)	35.0	5. Robert Harper (ID: 3604315)	53.0
6. Jane Bond (ID: 4315497)	34.7	6. Michael Wilson (ID: 3599766)	53.0
7. Ava Delaney (ID: 5440538)	34.0	7. Darren Oke (ID: 3603482)	51.5
8. Hannah Neto (ID: 5493253)	33.5	8. Brett Van Zuylen (ID: 4541999)	51.0
9. Cara Brisbane (ID: 5592543)	30.5	9. Andrew Kneipp (ID: 4553073)	50.5
10. Jane Murphy (ID: 4144661)	30.5	10. Malcolm Mahon (ID: 4479015)	45.0

Thanking all our patrolling members and an interesting graph below illustrating the broad range of patrolling members and time allocated to patrols.



Through the support of the UAV Operators and Surf life Saving Association throughout the season our beaches have been monitored and kept safe all season. This was done by performing 6 recorded Rescues, responding to incidents and first aid treatments resulting in 168 preventable actions. Keeping our beach going public and surf club members safe

All recorded and available patrol hours and data have been entered and members patrolling hours of service updated for the season of 22/23 on Surfguard. Between 24th September 2022– 25th April 2023, our patrolling members collectively patrolled **3,546 Hours**.

A huge thank you goes out to the emergency rescue patrolling members, who have responded to 2 out of hours rescues. The response to these calls is remarkable and something that Lennox Head surfclub is highly recognised for by the branch. Tragically the community has suffered 2 fatalities and our responding members have endured those rescues and hardship that follows.

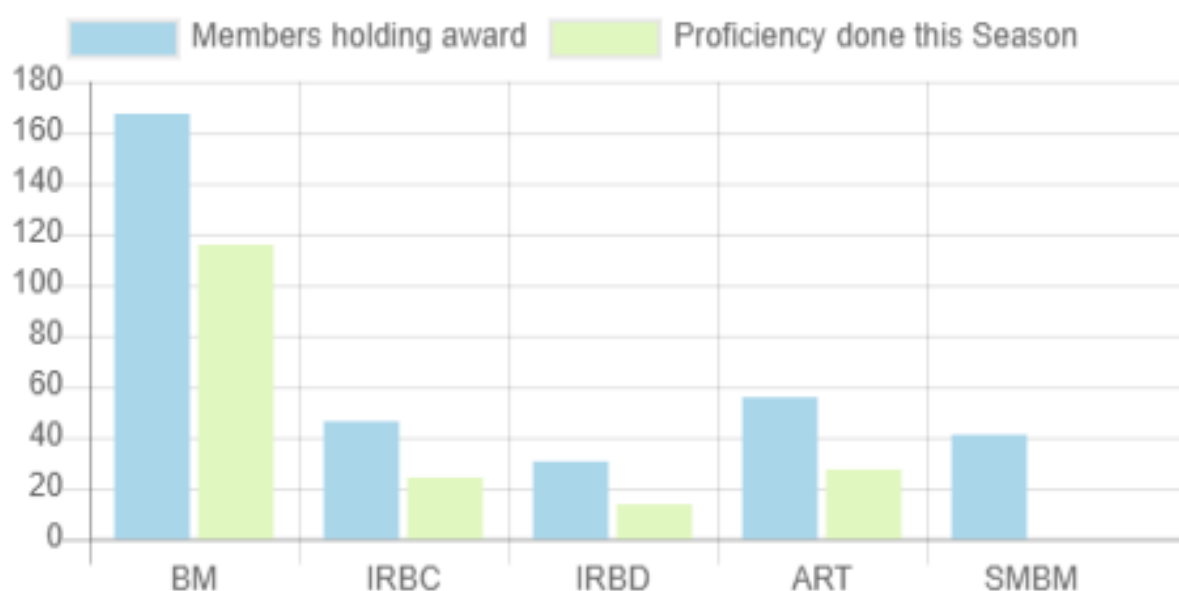
The past 3 years as Club Captain we have endured COVID, Floods and multiple emergency rescues. The club has galvanised through these trying times to be a tighter and a highly skilled team that helps

one another fulfill this extremely important role as emergency rescue volunteers. I will be standing down as Club Captain and I thank everyone who has supported me and helping when asked.

Thanks again.

To enhance our season for next year and fulfil our obligations on the beach, building from the 127 out of proficient bronze members in 20/21 we hope increase patrolling members for next season. Thank you everyone for a fantastic season I hope to see you all on the sand next season.

Awards & Proficiencies



Justin Ingram
Club Captain

Chief Training Officer's Report

2022-2023 has been busy and fun season for the training team and our new and renewing candidates. Congratulations to those who attended and completed courses this season.

Thank you to all members that took the time to attend proficiency and renew their awards. It's great to see many nipper parents and new faces joining us for training to help with water safety and weekend patrols. It's also great to see existing members upskilling their awards.

Below are the awards numbers for this season:

Surf Rescue Certificates	9
Bronze Medallions	26
Training Officer's Certificate	2
First Aid	1
Patrol Captains Course	1

We completed the following proficiency numbers this season:

Bronze Medallion	112
IRB Crew	25
IRB Driver	13
Advanced Resuscitation Techniques	27

Upskilling and further training is a great way to become more involved in the club and I encourage those who may be looking to do more to consider obtaining a new award or even to become trainers in an award that they hold.

Surf Life Saving Far North Coast Branch will have First Aid, UAV and Advanced Resuscitation Training dates that we will announce throughout the off season and we hope some of our members will be keen to join to learn new skills and help keep our community safe.

Surf Lifesaving NSW have been running trainer programs online. The program runs for five weeks and once completed you can train in the awards you hold. If you would like to know more about the trainer program, please ask any of the training team, we have all been through it and are happy to share our experiences with those that might be interested in joining one of the programs later this year.

Most recently Kyle Bender has completed the Trainer Course and Stephen Manley has finished his online trainer program and is currently assisting on a couple of courses before being signed off as a trainer, thank you both for committing this extra bit of your time to help with training new and existing members.

Training and education is an important part of our club and our ability to provide a skilled volunteer service to our community. Running our courses, providing our proficiencies and upskilling our members would not be possible without our trainers and assessors Amanda Berry, Barry Holland, Bryan Lyndon, Michael (Rossco) Wilson, Kyle Bender and most recently Stephen Manley, thank you all for another great season.

We are very thankful and appreciative of the support from surrounding clubs and the branch for loaning us assessors throughout the year to help us have everything completed.

Thank you to Terry Mortimer and Tim Payne from Ballina SLSC for helping Assess our candidates and Geoff Horsey from Far North Coast Branch for assisting with our assessor mentoring and background support and finally to Stephen Perris at FNC Branch for all the time checking our course paperwork before being sent to SLSNSW.

I would like to say a special thank you to Natalie Reinbott, Sam Miller, Anna Farrell, Mark Law and Justin Ingram for their work as Endorsed Delegates helping us with proficiency this season, their help was greatly appreciated and made it a smooth and efficient process.

Brian Farrell
Chief Training Officer

Registrar's Report

2022 - 2023 was another fantastic season for Lennox Head Alstonville SLSC. Our beaches were enjoyed by all thanks to the fantastic weather and our members dedication to keeping everyone safe.

Across the board, members new and old embraced the online registration system, which seemed to work like a finely oiled machine this season. Thank you to all of our members who continue to

embrace the system and ensure contact details always remain up to date. It was only the second year where registrations were handled 100% online and the improvements made by Surfguard seemed to make all the difference.

We experienced a slight decline in memberships this season. It was expected that the easing of Covid restrictions would see people return to their pre-pandemic lives, but the ongoing effects from the catastrophic flooding event experienced by the region at the end of our previous season also affected our memberships. Still, membership retention sat 21% higher than our pre-pandemic totals.

In summary, the season closed with 629 members, including the 282 eager Junior and Cadet members we welcomed each Sunday during our 'Nippers' mornings. The weather was stunning and the vibes were good! In addition to this, the Club had over 120 Patrolling members keeping locals and visitors safe on our pristine stretch of coastline. Parent membership remained strong and we thank parents for their continued commitment to building healthy lifestyles for their children, all whilst helping the Club educate children about water and surf safety. Your memberships help to fund the services the Club provides to the community.

The Club remains a volunteer-run organisation and there is always space for anyone wishing to contribute to become more involved. Whether you're interested in helping out sporadically or whether you'd like to become part of the day-to-day running of the club, we'd love to hear from you.

It is with fondness that I hand the reins over to our next Registrar for the 2023-2024 season, Kate Sattler. I look forward to working with Kate to ensure handover is a breeze. I cherish the friendships I have formed whilst in this role and have sat in awe at the level of time and commitment many of our members, particularly the committee, spend ensuring our beaches are a safe place for all. I am proud to have been a part of such an important organisation in our community and encourage anyone thinking about joining to not hesitate in doing so.

Sub-Membership Category	Total Members
Junior Activity Member (5-13 years)	266
Cadet Member (13-15 years)	16
Active (15-18 yrs)	17
Active (18yrs and over)	103
Award Member	1
Reserve Active	1
Long Service	6
Associate	212
Life Member	5
Honorary	2
Total	629

Phoebe Humphreys
Registrar

Surf Sports Report

My main aim this season was to acquire some much-needed equipment, and with the committee agreeing to a \$5000.00 budget, I was able to get the ball rolling. We purchased a 2nd hand double ski, 4 x 2nd hand long boards of various sizes and a 2nd hand dolphin single ski. This has added tremendously to our stock, which was long overdue and at the start of the next season we will have a sale of many older items including ski's and I will hope to then purchase a couple of adjustable single ski's. So, thank you to the committee for making these funds available. It can be an expensive sport so if we can offer some equipment to keep more of our teenagers in the club, I think it's money worth spending.

As far as surf sports go, we had a success season with many of our senior athletes selected for the Inter Branch team. Congratulations to Ollie Sharpe, Patrick Thompson, Jackson Bond, Luke Bond, and Niamh Sharpe who represented in the 17's through to Open's.

Congratulations to Nathan Mackenzie who had an excellent go in the Nutri Grain Trials. Nathan made it through to the top 20 but unfortunately didn't make it into the series however it was his first year in opens and he really did give it a red hot crack, enough to get him back training hard to give it a go next season.

Congratulations to all who competed at Country, we had some brilliant results right across the ages from 15's through to Masters. It is always the funniest carnival with everyone getting in and having a go. Warilla Barrack Point next year I believe, we all better start looking for our accommodation.

Both Nathan and Ollie travelled to Manly for the state Titles where they made numerous finals and gave it their all for the Blue and yellow. Ollie then travelled to Perth for the Aussie Titles which was a huge effort, He made the Board and Swim finals, and we are very proud of his efforts. I also thank the committee for giving Ollie \$300 towards his trip.

A massive thankyou to Chris Bond and Lou Wilson for all the coaching they have put in over the season, our athletes would not be getting the results they do without your dedication and expertise. And thank you to all the athletes who make up our surf sports squad whatever your age, it is always so good to see everyone out in the surf enjoying themselves and it makes me proud to say I am a member of Lennox Head SLSC

Sam Miller
Surf Sports Co-ordinator

Youth Activities Co-ordinator's Report

We have enjoyed a wonderful 2022/23 Nippers Season and have had another big year with 292 Nippers participating in our Nippers programme. We have had a committed and fantastic team of Age Managers and Assistant age managers joining certain age groups due to large numbers. We were lucky to be able to run most of our planned Nippers Days and generally had some pleasing surf conditions throughout the season. We have had a core number of volunteers who tirelessly ensure we are able to run an adequate program - a special thanks goes to Jodie and Scotty Roberts and Sam and Kristy Stewart. We thank Michelle who ran our uniform shop each Sunday and Colm Dolan who helped ensure our BBQ ran smoothly raising fun week to week. An extra huge thank you to Phoebe Humphries our registrar who processed record numbers throughout the club - a massive role that often goes unrecognised.

The competition calendar started with our club hosting the first carnival of the year which saw all participants from U12-Masters competing with 100% enthusiasm in challenging conditions. This carnival gave many of our juniors the opportunity to cheer the older members of the club on and experience firsthand the skill they show in the surf.

We then had 88 Nippers compete in Yamba at the first Junior carnival on the calendar and we thank Yamba for hosting a wonderful event. It's always a special place to visit for our team!

Our Branch Championships that were held over two days in Byron Bay saw 80 Lennox Nippers compete. We had great conditions and it was a great opportunity to see our teams working together to compete with some fantastic performances from our Juniors. We had 34 Juniors travel to Foster, Tuncurry to compete in our NSW Country Championships and this was a great test against some of the best clubs in the State and was also great preparation for our State Championships held at the end of February.

A massive thank you to our officials Sam Miller, Geoff Harris, John Beasley, Brian Lyndon and Wayne Shepherd who have a combined volunteer service of over 200 years which is amazing to comprehend! We appreciate all the time you have given over the years to ensure our Nippers have been able to compete in carnivals. Another shout out to Thommo who tirelessly did 4 IRB shifts to ensure the club could fulfil their quota and compete at Country. We could not have participated without any of you so we thank you from the bottom of our hearts.

Congratulations goes to our clubs Junior Lifesavers of the Year recipients Marli Francis and Finley Wallace, we are proud of you representing our club and wish you the best in your Senior years at the club. We would also like to recognise the 10 U13s we put through our SRC course as we rely heavily on these children to help with Water Safety on our Nippers Days. Thank you to Brian Farrell our chief training officer.

The final event of our calendar was the State Championships which were held in Manly, Sydney. This year we had a small team of 9 Nippers compete with some outstanding results. Our point score is one of highest we have had in past years with our Juniors earning 3 x gold medals and 3 x bronze medals in both individual and team events in our Junior ages. All athletes who competed in the board event all made a state final which was amazing to witness. Our team consisted of the following athletes: Harley Dilger, Frankie Smith, Coco Smith, Indy Stewart, Amy Roberts, Billy Stewart, Luke Roberts, Abi Matthews and Marli Francis. A huge thanks to our coaches Sam Miller, Scotty Roberts and Sam Stewart for the tireless effort they put in each morning to board training at our club - it is very evident how much our kids are getting out of the coaching at our club and we are all very grateful.

We would like to thank each and every volunteer, parent and Nipper who have supported us through out the season and wish you the best of luck with next Nippers Season!

Brendon Matthews

YAC Co-ordinator

Sponsors

Lennox Head Alstonville Surf Life Saving Club proudly acknowledges our generous sponsors along with those businesses that donate their products and services that help keep our club running:

Lois Buckett



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